

## Gym captions

1. Beast mode activated
2. Keep your squats low and your standards high
3. The awkward moment when you're wearing a Nike shirt but you just can't do it
4. Does refusing to use the elliptical count as resistance training?
5. Pain is weakness leaving the body
6. Train like a beast
7. Sweaty is pretty
8. Working my butt off to get a better after photo
9. I HAVE ABSolutely no excuse
10. Getting WHEYsted